

## FVO Plean Middle (UK Orienteering League Race 2)

Sunday 9 February 2025

*Final details*

**Venue:** Plean Country Park, Cadgers Loan, Plean FK7 8BB, NS827868.

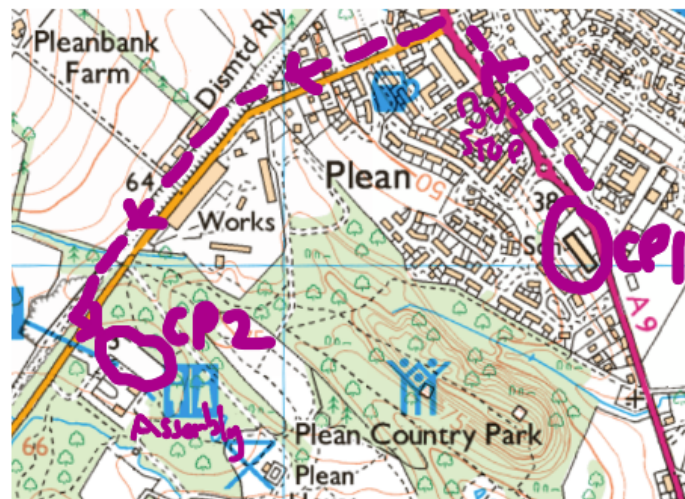
### Getting to the event

*By car*

Please carshare if at all possible. Parking at the event is not plentiful, and the area is also popular with the general public.

There are two car parks for the event.

1. East Plean Primary School, Main St, Plean FK7 8BX, NS835870, *///inefficient.crackled.mascots*, c.1.5km from Assembly. Please use this car park if you can, to reduce pressure on the nearer car park. There will be a taped route to Assembly.
2. Plean Country Park, Cadgers Loan, Plean FK7 8BB, NS827868, *///fattening.cakewalk.trade*. Adjacent to Assembly. However, please note that this car park cannot accommodate all of our parking needs. Moreover, we do not have exclusive use of the car park, and need to keep some space for the general public. Priority will be given to cars with young children, anyone else who might struggle with the walk from Plean, and full cars. Anyone else: please walk up from the village if at all possible.



Marshals will be on site at both car parks. If both car parks are full, please park considerably on-street in Plean village. Do not attempt to park on the single-track road immediately outside the country park.

*By public transport*

The 38 Stirling-Falkirk bus runs every 30 minutes. Travel time:

- 18 minutes from Stirling station
- 15 minutes from Camelon station
- 20 minutes from Falkirk Grahamston station.

Details at <https://www.mcgillsscotlandeast.co.uk/services/MBLB/38>. It is a 1km walk from the bus stop to Assembly.

**Assembly and download:** Adjacent to car park 2, near the entrance to the park.

**Toilets:** Toilet facilities are available adjacent to the car park. Please be considerate: no muddy shoes, please!

### Start

300m from Assembly/download.

Start times 11:00-13:00. Punching start.

Start list is available at [https://www.sientries.co.uk/list.php?event\\_id=14718](https://www.sientries.co.uk/list.php?event_id=14718)

Call up four minutes before your start time. Loose control descriptions available in the start lane.

NB the **British Night Championships prizegiving** will take place at **10:30** at Assembly. We hope that this will be completed before the first starts.

### Finish

100m from Assembly/download. Punching finish, and please don't forget to download!

**Courses close** 14:30.

### Course lengths and UKOL points

Course	Length	Ascent	Controls	UKOL classes
Black	5.6km	160m	27	M18, M20, M21, M35, M40
Brown	5km	120m	26	M16, M45, M50, M55, W21
Blue	4.5km	105m	22	M60, W16, W18, W20, W35, W40, W45
Green	4km	120m	20	M65, M70, W50, W55
Short Green	2.9km	65m	18	M75, W60, W65
Very Short Green	2.3km	50m	13	M80, M85, W70, W75, W80, W85
Light Green	3km	80m	14	M14, W14
Orange	2.4km	45m	13	M12, W12
Yellow	2km	25m	12	M10, W10
White	1.7km	25m	13	---

Anyone may enter any course; the classes indicated above are only relevant to the UK Orienteering League.

Running up is permitted for UKOL points.

### Terrain

Mixed woodland and parkland, with a complex path network. The south of the area is a reclaimed "bing", or spoil heap, a reminder of the area's coalmining past.

Routegadget from a recent local event: <https://www.fvo.routegadget.co.uk/rg2/#93>

**There has been some damage to the park from Storm Éowyn. Our assessment is that the event can go ahead as planned, but there will be some unmapped fallen trees.**

Some fallen trees may cross paths, including on the White and Yellow courses, but it is straightforward to walk round them.


## **Safety**

Plean is popular with dog walkers and horse riders, so please be courteous to other users.

The organiser will review the weather forecast on the day and advise competitors if special precautions are required. Waterproof jackets may be compulsory. The event will be cancelled if dangerous weather is forecast or occurs.

## **Map and control descriptions**

Survey and cartography by Chris Smithard 2020; updated 2023, 2025. 1:7500, 5m contours. The Yellow and White courses have textual control descriptions; all other courses have pictorial control descriptions.

In the control descriptions, the symbol ✕ (“Prominent feature / Special item”) is used exclusively for platforms. These are mapped using a small brown triangle: 

## **Results**

We plan to upload live results during the event to: [Live results link](#)  
But sometimes things happen and it may not be possible.

## **First Aid**

There will be a First Aider at Assembly.

## **Nearest A&E Hospital**

Forth Valley Royal Hospital  
Stirling Road, Larbert, FK5 4WR

## **SWAT fundraiser**

Proceeds from this event will be donated to the Scotland West Area Team (SWAT). SWAT offers training at TD3+ to juniors from the west of Scotland from MW12-18, including several residential weekends timed to coincide with major events in the Scottish orienteering calendar. In 2025, SWAT has 41 junior members from four clubs.

**Planner:** Simon Finch (FVO)

**Controller:** Ross McLennan (FVO)

**Organiser:** Rob Truswell (FVO) (rob.truswell@ed.ac.uk, 07865699107)

## **Acknowledgements**

Masterplan Adventure for use of SI equipment

Stirling Council for permission to use the area and East Plean Primary School car park